



**Where the Weft Begins**

# The Heddle Herald

The Newsletter of the Fort Worth Weavers' Guild  
 Founded in 1955

December 2007 • Volume V, Issue 3

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### President's Notes -- Margaret Arafat

When I was in high school, girls were required to take home economics. We didn't learn a thing about the economics of running a home, but we did learn to make light, airy, inch-and-half high biscuits that melt in the mouth, and sew a really unattractive, and in my case, totally unflattering skirt and blouse that we were required to model for the class. That

experience was so traumatic that it's a miracle any of us came within a hundred yards of a sewing machine or pattern ever again. I am sure I am one of the few who weren't completely turned off by that class. During all those years of sewing for my daughters and me, I amassed piles and piles of fabric. How can anyone who truly loves fibre resist the feel of quality textiles? Certainly, I couldn't. Most of it is gone now, but what do I do with the rest?

Knitting entered my life after I stopped sewing. Mother was a knitter, but didn't teach her daughters. I began buying so-so yarn, and quickly moved on to good stuff. The yarn stash grew faster than I could knit, but that didn't stop me. I love the feel of fibre. When Mother died, my sisters and I found an insane amount of yarn, needles and old knitting magazines in her stash. All of it came to me. She didn't leave provisions to that effect, it was mine by default since neither of them nor our sister-in-law knit or ever wanted to learn. Some of the yarn was lovely, much of it was frankly crap . . . "100% virgin acrylic" . . . I swear. After Cathryn's mother-in-law died, I received her yarn, too. It was even worse than Mother's; in addition to being poor quality, it had a grungy tinge and smelled of cigarette smoke. Goody. In Egypt, Sam bought two heinous leather hassocks that look like quilted drums, and required some sort of stuffing to be useful. Guess what's inside?

Once I discovered weaving, knitting was just too slow to hold my interest. With weaving, comes more fibre . . . lots of fibre. I've heard several weavers say that they have so much in their stash that they'll never have to buy another cone of anything. While I do understand the statement, I cannot believe that it means they would actually never buy fibre again.

I couldn't, can't do it. I have to buy it. If I go to Heritage Arts to see Sue and Lorelei, and leave without buying some little bit of something, Sam is proud of me, but I feel empty. It's all so lovely, feels so good, has so much potential to be something spectacular . . . how can I not bring it home?

As some of you already know, the United Nations has declared 2009 as the International Year of Natural Fibre. That fact has been incorporated into the theme for CHT 2009, and is on our minds as we begin making plans for our next Guild Show at the CAC that same year. I've already started thinking about what to exhibit. I don't have a plan formulated yet, but I do know it won't include 100% virgin acrylic. But unless something in my stash speaks to me soon, I'll just have to add to the mix.

Okay, I confess. I am a fibre junkie. By Sam's standards, I have too much of a good thing. (He should see Jana's; it's much bigger/better.) You can visit my treasures if you come to the Christmas Luncheon and Gift Exchange on Saturday, December 15. Remember, a gift for the Exchange is not necessary, but you will need to bring something for the Luncheon. We always have a good time just chatting, laughing and feasting on wonderful food. Please come; we'll miss you if you don't. Weave on -- *Margaret*

**Treasurer's Report:** December 2007  
 -- John Grundmann

**Current balance:** \$5,678.06

**Meeting Minutes** -- October 29, 2007

President Margaret Arafat called the meeting to order.

Sign in sheet circulated for members, 25 members in attendance and 1 guest,

**HEDDLE HERALD • December 2007**

Kyle McGinn who recently moved to Richardson, TX from Atlanta, GA. She shared a portfolio of her woven work from the Savanna Design Institute.

**Program:** Ann Schrader introduced Rebecca Shanks who presented a program on twill structure, offering many examples of excellent woven pieces to reinforce this year's guild challenge.

**First Vice President / Programs - Ann Schrader**

Ann gave a detailed explanation of this year's guild challenge, The Thrill of Twill. She also reported that the next guild meeting would be the Christmas party. Please refer to party and gift exchange guidelines found in your yearbook and the *Heddle Herald*.

**Second Vice President/ Publicity - Nancy Berger**

Nancy reported that the *Star-Telegram* published meeting information this past week.

**Secretary - MaGee Grundmann**

Magee called for approval of the September 2007 meeting minutes. Motion was made and carried.

**Treasurer - John Grundmann**

John reported that the current balance is published in this edition of *Heddle Herald*.

**Newsletter - Jean Walbridge**

Jean announced the deadline for next newsletter is December 5, 2007. Please remember that the FWWG newsletter is an opportunity for income from vendor advertisements.

**Nominating Committee - MaGee Grundmann**

Magee reported that the two-year terms of the Secretary and First Vice President (Programs) will expire in May 2008. Anyone interested in volunteering to fill these two-year positions should contact MaGee.

**Volunteer Hours / Community Service**

New chairperson needed. This is a wonderful opportunity to participate in the guild.

**Historian - Ellen Smith**

Ellen is working on restoring the first guild meeting minutes. Also, if you have

any photographs from "Textiles, Textures and Treasures," please give Ellen a copy for the scrapbook.

**Hospitality / Sunshine - Evaline Wright**

Evaline thanked the volunteers for today's meeting refreshments. Hosts for January meeting will be published in the December *Heddle Herald*.

**Membership - Gypsy Perry**

Gypsy was not present. Please insure that your bio sheets are current and contact info is correct.

**Librarian - Sue Freeman**

Sue reported that several FWWG Library books of interest are present for checkout. Reviewer for the January newsletter book report is needed.

**Double Weave** is the selection.

**Workshops - Teresa Sanchez**

Teresa was not present. Linen Workshop led by Katie Meeks is February 15-17, 2008. Fifteen members have signed up with one on the waiting list. Deposits are due. Sign up is now open for the Lugenbill Basket Workshop for October 10-12, 2008.

**Website - Nancy Berger, Sherri Coffey, Lynn Smetko**

It was reported that the web page is up and running at [www.fortworthweaversguild.com](http://www.fortworthweaversguild.com). Committee will meet in November.

**Vision - Sherri Coffey & Pat Souder**

Sherri presented ideas to members for an annual event that would be "hands on" and family oriented. Questionnaire handed out to the membership. Please complete and return, or email input to Sherri. Completion of the revisions to the Guild brochure is anticipated by May 2008.

**CAC Show 2009**

Gallery space has been reserved for the 2009 and 2011 Shows. Committee chairs being sought for 2009 show.

**Yearbook - Lorelei Caracausa**

Lorelei was not present; however, yearbooks are available for distribution. Please sign your receipt of a yearbook. Changes and corrections will be published in the next newsletter.

**New Business**

Please RSVP to Margaret Arafat by Wednesday December 13 for the Christmas luncheon.

**Old Business**

Please remember to wear your NAMETAGS! Margaret Arafat will purchase nametags for those who don't have one. The can be picked up at the beginning of the meeting and returned at the end of it.

**Study Groups - Sue Freeman**

Sue reminded the Shaker towel study group participants that the December meeting is the deadline. Details for the taquete study group and meeting times will be posted in the *Heddle Herald*.

Meeting adjourned by President Margaret Arafat.

Minutes respectfully submitted by MaGee Grundmann, Secretary

**Programs -- Ann Schrader**

Please let Margaret Arafat know if you will attend the Christmas luncheon on December 15. There is not a program, except for good conversation between weavers.

**2007-2008 Program Schedule**

**December 15, 2007**

Christmas Party  
Margaret Arafat's Home  
RSVP by December 12  
(see "Directions" for further information)

**January 26, 2008**

Cate Buchanan: Twirling Tassels  
Ridglea Presbyterian Church

**February 23, 2008**

Christine Miller: Wire Weaving  
Ridglea Presbyterian Church

**March 29, 2008**

Lynne Lovett: Jacket Construction  
Ridglea Presbyterian Church

**April 26, 2008**

Ellen Smith: Shadow Weave  
Ridglea Presbyterian Church

**May 17, 2008**

Spring Luncheon & Guild Challenge  
Ridglea Presbyterian Church

**Workshops -- Teresa Sanchez**

Kati Reeder Meek's Linen Workshop will be held February 15, 16 and 17, 2008 (Friday, Saturday, Sunday) at Ridglea Presbyterian Church. Supply lists will be sent to registered weavers soon. Contact Teresa Sanchez if you want to be on the waiting list.

Sign up for Linda Lugerbill's Basket Workshop to be held October 10-12, 2008 by contacting Cynthia Bohnenblust.

**Yearbook -- Lorelei Caracausa**

If you have not received your copy of the 2007-08 Yearbook, contact Lorelei. A few corrections follow.

**Corrections to Yearbook**

**Kristie Bodeman:** new address

**Lorelei Caracausa:** Lorelei's home telephone number is correct on the Guild roster, but incorrect on her bio sheet.

**Allison Gray:** telephone number is .

**Lynne Lovett:** email address is .

**Jana Trent:** correct email is

**Hospitality/Sunshine -- Evaline Wright**

Bring a covered dish to Margaret Arafat's home for our Christmas luncheon. For more information, see her column and also "Directions to the Arafat Home."

Hosts for the January 26 meeting are Margaret Humphries, Gypsy Perry and Teresa Sanchez.

**Christmas Luncheon & Gift Exchange**

The annual Fort Worth Weavers Guild Christmas Luncheon & Gift Exchange will be held on Saturday, December 15, 11:00 a.m. at Margaret Arafat's home. We will follow tradition with everyone contributing a covered dish for the luncheon.

The "rules" for the gift exchange are simple --

1. All members are encouraged to attend the Christmas luncheon, whether they wish to participate in the gift exchange or not.
2. Each member who participates will bring a gift in a brown paper sack, and the hostess or a designee will number each sack consecutively.
3. At the time for the gift exchange, each participant will blindly draw a number, checking quickly to be certain the number drawn is not his/her own gift. If one's own number is drawn, that person may redraw.
4. The gifts will be opened one at a time starting with sack number one.
5. The gift must be handwoven or handmade or be an item that may be used in weaving. The suggested price for the materials or gift is around \$15. This is an opportunity to give something wonderful to another guild member.
6. If someone wants to participate but doesn't have anything handwoven or handmade that is appropriate, Heritage Arts will be glad to make some suggestions. This does not imply that you must purchase something from Heritage Arts.
7. Any member in good standing may participate in the gift exchange, whether present or not. If the member can't be present, he/she must have the gift at the exchange and must designate someone to draw a number for them. We welcome all who wish to participate.

Again, you do not have to bring a gift to attend; we just want you to join the festivities.

**Directions to the Arafat Home -**

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**Happy Birthday to You in December!**  
 Kathy Berry (3)  
 ~~~~~

**FWWG Library -- Sue Freeman**

There are no new books in the library this month.

**Shaker Towel Study Group -- Sue Freeman**

Sue reports that the study group will complete its work at the January meeting. If you have samples not yet distributed, please bring them to either the December or January meeting.

## On the Road Again – Ann Schrader

Ann Schrader drove to Santa Fe for Thanksgiving and an enchanting snow. The luminaries and other holiday decorations were beautiful. If you're traveling in that direction soon be sure to see the exhibit GEE'S BEND QUILTS AND BEYOND at the International Folk Art Museum. She says "The accompanying filmed interviews took me right back to my Louisiana roots." Ann also recommends (as have others) NEEDLES AND PINS – a needlework implements exhibit.

## Call for Entries

December 15 is deadline for a juried exhibit *Handwoven Textiles for the Home* that is sponsored by the Pikes Peak Weavers Guild.

Download a prospectus:  
[www.pikespeakweavers.org](http://www.pikespeakweavers.org)

Request via email:  
[LivingWithBeauty@aol.com](mailto:LivingWithBeauty@aol.com)

## Internet Resources –

Several people have sent interesting, informative, inspiring, and, to me, befuddling websites during this past month. Here are some of them.

**Margaret Arafat** sent this one:

<http://www.weavingworld.ca/weave.htm>

Ruth Stowe's web site is full of all manner of weaving resources, including where to find yarn, loom, tools, books, information, etc. You'll also find lists of guilds and other organizations around the world.

Thanks to **Leslie Shimomura** and husband **Russell** for sending me this terrific website.

<http://www.selvedge.org/default.aspx>

It's actually a print magazine but the companion site is inspiring and beautiful. Check out an interview with Polly Leonard, Editor-in-Chief, at <http://jcreport.com/106000>

**Sherri Coffey** forwarded these to me showing incredible tapestry weavings by Gugger Petter, tapestry weaver

<http://www.artnet.com/artwork/425159060/424320913/gugger-petter-man-with-two-barking-dogs.html>

<http://www.robertbermangallery.com/Pages/GuggerPetter.html>

[http://www.jsauergallery.com/sagemoon/artistPages/gp\\_lg.html](http://www.jsauergallery.com/sagemoon/artistPages/gp_lg.html)

and Jon Eric Riis, tapestry weaver.

<http://www.jonericriis.com/babesinarms.htm>

<http://www.jonericriis.com/greed.htm>

[http://www.jsauergallery.com/sagemoon/artistPages/jer\\_lg.html](http://www.jsauergallery.com/sagemoon/artistPages/jer_lg.html)

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*Happy Birthday to You in January!*

*Dorothy Schearer (4)*

*Jean Walbridge (12)*  
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## ... from the Editor ...

*Jean Walbridge*

In October I was at a loss for words. This month so much is going on in the *Heddle Herald*; I hope my short column isn't too long.

Thanks to everyone who sent websites and tidbits of information. I'm always amazed at the vast amount of information on the web.

It's time for finding just the right gift. So, don't forget our advertisers. Lorelei and Sue have terrific products for every fiber enthusiast at Heritage Arts. Tell your spouse, friends or relatives about their local source of fiber related goodies. I'll bet they can help with holiday shopping. See their ad for Heritage Arts.

We also have a new advertiser: Heliotrope. Jan and Debby have an eclectic small shop just off the Bluebonnet Circle near TCU. It's chock full of hand-made items by more than 50 local artists. When I visited with them the other day, the entire shop had changed. Felted tree ornaments, jewelry, mobiles, photos, paintings, pottery and lots more are available for your special friend – or for you. Stop by and tell them you read the *Heddle Herald*.

I've finally finished my Shaker towel samples. It's my first experience weaving with linen and I've signed up for the linen workshop in February. Just in time, Lynne Lovett has written a terrific article on the cellulose fiber – linen. It will be in several parts with a bibliography. I've tried to keep it to one page so you

can print it off and put it with other linen information. Thanks to Lynne for her hard work collecting all these facts and presenting them in a readable manner. I know you'll find her article informative.

I hope you all enjoy this holiday season. My best wishes to you and your families to end 2007 on a joyous note and ring in 2008 with hope and promise.

## Next Heddle Herald Deadline – January 9

## Did you know?

We have several new members and I thought it would be good to explain as best I can two organizations people might enjoy joining.

The first is CHT – Contemporary Handweavers of Texas. CHT is a loose organization of weavers in Texas that has a statewide conference every two years. Contemporary Handweavers of Houston hosted the 2007 conference. San Antonio Handweavers Guild will host the convention March 26-29 at the Hilton Airport Inn on Loop 410 in 2009. CHT Conference is organized around a terrific group of classes and a small, but excellent, group of vendors. 2007 was my first time to attend and I loved it. Two of our members are on the board: Margaret Humphries is secretary and Margaret Arafat is the newsletter editor. CHT has a terrific monthly newsletter as well as weaving samples. (Lynne Lovett is in charge of samples this year from FWVG.) To join, visit the website at <http://www.contemporaryhandweaversoftexas.org>.

HGA - Handweavers Guild of America, Inc. - is a national organization with a bi-yearly conference on the opposite years as CHT. Convergence 2008 will be held June 22-28 at Tampa Bay Convention Center in Tampa, Florida. It must be huge with lots of classes and vendors. I hope to attend in 2008. They publish a quarterly magazine *Shuttle Spindle and Dyepot*. For more information and to join, visit the website: [www.weavespindye.org](http://www.weavespindye.org)

**2007-2008 Committees**

Telephone numbers and e-mail addresses are in the Yearbook.

**CHT Samples**

Lynne Lovett

**Community Service/Education**

OPEN

**Financial Advisement**

John Grundmann

**Historian**

Ellen Smith

**Hospitality & Sunshine**

Evaline Wright

**Library**

Sue Freeman; Lorelei Caracausa

**Membership**

Gypsy Perry

**Newsletter**

Jean Walbridge

**Nominating**

MaGee Grundmann

**Vision**

Sherri Coffey, Pat Souder

**Web Site**

Lynn Smetko, Nancy Berger, Sherri Coffey

**Workshops**

Cynthia Bohnenblust

**Yearbook**

Lorelei Caracausa

**Miscellaneous**

Share your experience and knowledge and keep the **HEDDLE HERALD** informative and interesting. Send articles and reports to Jean Walbridge at [folkart@airmail.net](mailto:folkart@airmail.net) or call 817-921-6676.



**Swap & Shop . . .** your trash may be someone's treasure. If you're cleaning off your shelves, don't forget your fellow fiber fiends. Put a price on it and bring it with you to meetings! Books, magazines, yarn, patterns, tools, equipment – if you can haul it in, someone may want to take it off your hands. If it doesn't sell, you take it back home.



**Show-and-Tell, etc. . . .** Remember to bring your fiber-related items for Show-and-Tell, and don't forget your nametag and cup.

Advertising in the *Heddle Herald* is available at the following rates:

- \$20 = full page
- \$15 = 2 columns or 1/2 page
- \$10 = 1 column or 1/4 page
- \$5 = less than 1 column or 1/8 page

Rates are per issue and apply to any business ad regardless of Guild affiliation. Ads must be submitted in copy-ready format. The sale of personal fiber-related equipment is listed free of charge by Guild members; all others are charged \$25 per issue. Checks are made payable to "FWWG." Contact the Editor to advertise or for more information.

**Events Calendar**

❖ **Linen Workshop: Kati Reeder Meek**

**Date:** February 15-16-17, 2008

❖ **Basket Workshop: Linda Lugenbill**

**Date:** October 10-11-12, 2008

Two-day workshop on large antler baskets and a one-day market basket workshop. Contact Cynthia Bohnenblust for more information.

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*If you know of an upcoming event, don't keep it to yourself, share the information so everyone can see what, where and when it is.*

**Happy Holidays**  
*from*  
**Heritage Arts**

*Guild members always receive a 10% discount.*

Heritage Arts  
P.O. Box 250  
Beaumont Ranch  
10740 County Rd 102  
Grandview, Texas 76050  
(817) 517-5800 (metro)  
Hours: Wed 1:30 - 5:00 p  
Thurs - Sat 10:00 - 5:00 p

The HEDDLE HERALD is published eight times a year for members of the Fort Worth Weavers Guild.

In September and October 2007, the FWWG will meet at the Fort Worth Community Arts Center, 1309 Gendy Street, at the corner of Montgomery and Lancaster Avenue. The December Meeting is a Christmas Luncheon and Gift Exchange, traditionally held at the Guild President's home. Meetings from January through May 2008 will be held at Ridgela Presbyterian Church, 6201 Camp Bowie Boulevard. Unless otherwise announced, meetings are held on the fourth Saturday of the month, and begin at 10:00am for coffee, followed by a 10:30am Program and Business Meeting.

Dues for membership in the FWWG are payable in May at two levels: \$20 a year for members who receive Internet copies of the *Heddle Herald* and \$27 per year for those who receive it through the US Postal System. Checks are made payable to the "FWWG."

**FOR SALE**

AVL 16-Shaft Production Loom w/ CompuDobby II

Ready for the next level? Think of the design possibilities with 16 shafts and a second beam for supplementary warps.

- 48" width
- Bottom Beater
- Single Fly Shuttle
- 1 Yard Sectional Beam with 2 inch Pegs Plain Beam
- Raddle w/ Track and Mount
- 2 Cloth Aprons
- 1 Reed
- Built in Bench
- Manual Dobby plus Bars (can be reattached if you don't want to use the CompuDobby yet)
- \$5000.00

Contact Lynn Smetko

34618 Bluebonnet Circle  
Fort Worth, TX 76109  
817-924-1113 [heliotrope-art@bbsglobal.net](mailto:heliotrope-art@bbsglobal.net)  
Jan Edmonds - Debby Stein  
Tues - Sat 10 - 6  
[www.heliotrope-art.com](http://www.heliotrope-art.com)





## **The Wonderful World of Fibers**

### **Cellulose Fibers: Linen –**

Lynne Lovett

In researching this article, I have found that I needed to learn a whole new vocabulary. Words like: lea, scutching, hackling, retting, tow, line, etc. etc. etc. What do they mean, and how do they affect me, as a weaver? During this discussion, we'll address all of these terms, and hopefully clear up some of the confusion – and y'all can decide exactly what will inform your personal weaving.

For over 10,000 years, linen has been in continuous use as a fiber, making it the oldest textile fiber that we use today. It has been found among the remains of Neolithic peoples, dating from about 8500 B.C.E.; samples over 7000 years old have been found in the tombs of the ancient Egyptians; Ancient Phoenicians used it for the sails of their ships (c. 1000 B.C.E.); and pieces of linen cloth have been found with the Dead Sea Scrolls. Because it could grow in a cool climate, it was well suited to cultivation in Europe, and for many years, Russia was the largest producer of flax in the world. The linen produced today in Western Europe is considered to be of the best quality as it is grown under ideal conditions and is processed according to strict standards.

The cultivation of the flax plant is different for harvesting of the fiber than for harvesting the seeds. The seeds produce linseed oil and the flax is planted farther apart to encourage branching, flowering and consequently, seed production. For production of the fiber, the flax is planted close together to discourage branching and to encourage the long straight growth of the stalk.

Linen is a bast fiber, coming from the inner stalk of the flax plant (*linum usitatissimum*). The linen fibers are the part of the plant that carries nutrients to all parts of the plant and has a hollow center. The fibers are arranged around a woody core, held together by a gum-like substance and covered by an outer layer. In order to separate the fiber from the rest of the stalk, the flax plant goes through a series of steps, first decomposing some of the stalk, then breaking the woody parts up, then combing the fibers. This whole process is very environmentally friendly and natural, and differs little in actual process (if not tools) today from thousands of years ago. The following is a brief summary of the process:

1. The flax plants are harvested by pulling it up by the roots (rather than cutting) in order to keep the fiber as long as possible.
2. The plants are then dried.
3. Rippling removes the seeds from the plant by pulling it through a coarse comb or by thrashing.
4. Retting breaks down some of the woody portions of the plant and decomposes the inner pith and pectin surrounding the fiber. During this process, the plants are either left outside to ret in the dew, or soaked in warm water, encouraging natural enzymes to break down the flax. As this happens, the fibers begin separating from the stalk of the plant. There is a fine line in the retting process – if left too long, the valuable fiber decomposes also, and if not left long enough, it does not separate from the stalk of the plant.
5. The plants are again dried.
6. Braking (breaking) separates fibers from the woody parts of the stalk while leaving the long fibers intact. This is accomplished by physically breaking the stems along the length of the stalk.
7. Scutching or swingling removes more pieces of the straw and softens the fiber by gently scraping the flax along its length with a wooden knife.
8. Hackling separates the long "line" fibers from the shorter "tow" fibers by drawing the flax through combs. The combs become finer as the process continues to finally separate the flat ribbons of fiber into fine strands.

After processing the flax, two types of fiber are obtained. The line fibers are very long (a minimum of 10" and up to 20") and are of a very good quality. Tow linen consists of the shorter fibers produced in the processing. Line linen creates a fine, smooth yarn and works very well in weaving lace, fine garments and table linens. Tow linen creates a coarser, more textured fabric, and works well for toweling and creating more textured fabrics.

Linen yarns can be wet spun or dry spun. Wet spinning the flax produces a very smooth, lustrous yarn. Dry spun yarns have a hairier appearance.

In addition to the processing being ecologically sound, nearly every part of the plant is used after it has been harvested. Among products which include flax are: textiles, paper, building materials, insulation, paint, soap, food and medicine.

Coming in January – Properties of Linen